

CONFER

presents

Being a Psychotherapist

Everything you need to know
about the law

AND

Everything you need to know
about regulation

A seminar designed
to support
psychotherapists
and counsellors in
your work



with **Sally Aldridge, Judy Yellin**
and **Jane Ryan**

Saturday 12 July 2008 - London
10.30am - 5.30pm

Introduction

Part 1: The law as it relates to practice

As psychotherapists and counsellors we are always working within a legal framework. We may not always be aware, however, how our practice might have implications within the law, potentially exposing the private therapeutic relationship to the public processes of the legal system. There are instances when these apparently separate domains overlap and it is crucial that practitioners understand their obligations within the law. In this seminar we will cover some areas that are essential to understand. The day will focus primarily on the legal nature of the contract between psychotherapist and client/patient, confidentiality and pressures on the therapeutic frame, therapy record and notes and what might happen if you or your client/patient needs to go to court. We will consider,

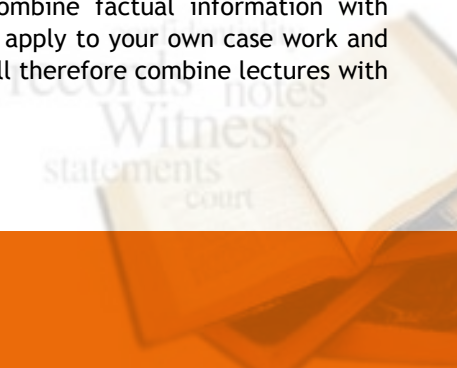
- How different practice settings come with different legal obligations
- What issues are covered in your therapist-patient contracts and to what extent they are legally binding
- Your legal duties of confidentiality and when it might be necessary within the law to breach privacy agreements
- Your legal position in relation to therapy records and notes
- What might be expected of you or your client if either of you have to attend court as a witness

Part 2: The law as it will or may relate to professional regulation

We will cover the implications for your practice of the UK Government's intention to regulate counselling and psychotherapy in the Health Professions Council. The seminar will outline the way the HPC regulates professionals, the various ways onto the statutory register and the time-frame involved in these changes. Anxieties over the government's expressed plans to exclude certain modalities will be addressed.

Participating the Seminar

Our approach to workshop facilitation is to combine factual information with opportunities for you to consider how this might apply to your own case work and possible clinical or professional scenarios. We will therefore combine lectures with 'structured enquiry'.



Our facilitators are:

Judy Yellin (on the law)

Judy Yellin trained at the Centre for Attachment-based Psychoanalytic Psychotherapy in London. She works from a relational perspective as a UKCP registered psychotherapist in private practice, and is also a member of the teaching staff on the CAPP psychotherapy training. She is also a founder member of The Relational School, an organisation for the promotion and development of relational approaches to psychotherapy in the UK. Prior to training as a psychotherapist Judy specialised as a solicitor in family law, housing law and public welfare law in relation to social services and child protection, acquiring nearly 20 years of legal experience both in private practice and as a manager of public sector legal teams in various London local authorities. She has also provided training to psychotherapy and counselling organisations on the interface between psychotherapy, counselling and the law.

Sally Aldridge (on statutory regulation)

Sally graduated with a BA in History and an MA in African Studies from SOAS and she then taught in Zambia. She returned to the UK to train at the University of Keele as a student counsellor. She worked at Stafford University as a counsellor and later as Head of Student Services, before taking up the post of Head of Accreditation at BACP in 1999. In November 2006 she became BACP's Head of Regulatory Policy. Sally's involvement with BACP began as a student member then as an accreditation assessor, becoming Chair of the Accreditation Committee, and a member of the Board of Governors. She is currently undertaking research for her PhD on professionalisation of counselling at University of Leicester. With regard to this seminar Sally she will try to answer these questions in relation to regulation, "When will it happen?" and "What will it mean to me?"

Jane Ryan (co-facilitator)

Jane Ryan also trained at the Centre for Attachment-based Psychoanalytic Psychotherapy (CAPP). Having worked in private practice for 8 years she set up Confer and runs its programme of seminars and conferences for mental health professionals. She formerly set up the multi-cultural centre Kuumba in Bristol and worked for 15 years in community development. She is the editor of two books, *How Does Psychotherapy Work?* (2006) and *Tales of Psychotherapy* (2007).

Booking Form

Information

Name _____

Address _____

_____ Postcode _____

Telephone Number _____

Email _____

Occupation _____

- I am self funded
 I am organisationally funded

I enclose a cheque
made payable to Confer Ltd for £ _____

OR we can deduct the conference fee from your
credit card:

Please deduct £ _____ from card
number:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

- Master Card Visa Switch

Expiry date ____/____ Issue number ____
(Switch only)

Please note the booking conditions

**Alternatively you may book online
via www.confer.uk.com**

Date: Saturday 12 July 2008

Venue: The London Voluntary Sector
Resource Centre, 356 Holloway Road,
London N7

Time: 10.30am - 5.30pm

Refreshments:

A vegetarian lunch and drinks are included

CPD: 6 hours of tuition

Public Transport:

Nearest underground is Holloway Road

Fee (including VAT):

Self-funded:£90
Organisationally funded: ... £300

To book:

Please go to our website and book online

OR

Complete and post the attached booking form

Booking Conditions:

Regrettably no refunds will be given unless
you cancel your place in writing before 29
June 2008. If you do so, a 50% refund will
be given. Your ticket cannot be shared but
you may pass it to another person so long as
you provide 48 hours written notice.

Information:

info@confer.uk.com
Tel: 01728 689090
www.confer.uk.com

Environmental policy:

For full details please go to
www.confer.uk.com

Invoices:

If you require an invoice to be sent to an
organisational paying your fees, please
email: bookings@confer.uk.com with the full
details.

Please return with payment to:
Confer, Garden Flat, 36a Mildmay Road,
London N1 4NG

Confer, Garden Flat, 36a Mildmay Road,
London N1 4NG

Confer Ltd Company No: 4962966
VAT Reg: 823594025