

# A clinical seminar with Dr Susie Orbach

Marino Conference Centre, Dublin - Saturday 28 February 2009

## PROGRAMME

### Our relationship with the body

In this first of three presentations Susie Orbach will discuss the relationship between body and mind. She will consider reasons for the disturbing rise in the cultural undermining of the body and discuss the technical issues this raises for the therapeutic handling of eating and body image problems.

### The creative use of countertransference

This second paper of the day focuses on a discussion of how to manage the powerful impact of countertransference feelings in the therapy relationship and use them to better understand and reach the analysand.

### Gender and dependency issues

Through this third presentation we will explore how the defence against dependency - not being needy or being over needy - can be examined and addressed in the therapy relationship so that dependency needs can be recognised and worked through rather than disparaged.

---

## Dr Susie Orbach

Susie Orbach is a psychoanalyst and writer. With Luise Eichenbaum, she co-founded The Women's Therapy Centre in 1976 and The Women's Therapy Centre Institute, a training institute in New York, in 1981. Her interests as a psychotherapist and writer have centred on feminism and psychoanalysis, counter-transference, psychoanalysis and the public sphere, the construction of femininity and gender, globalization, body image and emotional literacy. Her numerous publications include the classic, *Fat is a Feminist Issue*, along with such other influential texts as *Hunger Strike* and *The Impossibility of Sex*. Her latest book, *Bodies*, will be published in January 2009. Susie is a Visiting Professor at LSE and Visiting Scholar at The New School for Social Research in New York. She is convenor of [www.any-body.org](http://www.any-body.org).



