

CONFER

PRESENTS

THE SCIENCE OF THE ART OF PSYCHOTHERAPY

PSYCHOTHERAPY FOR THE 21ST CENTURY



- Right brain-to-right brain communications in development and psychotherapy
- Attachment trauma, pathological dissociation and projective identification
- New insights into borderline personality disorder
- Neurobiology of empathy and clinical intuition
- Interactive regulation and therapeutic change
- Brain changes in psychotherapy

DR ALLAN SCHORE IN HELSINKI

FRIDAY 28 AND SATURDAY 29 SEPTEMBER 2007

INTRODUCTION

This is a unique opportunity to work closely with Dr. Allan Schore, whose pioneering integrative work has almost single handedly moved contemporary theory from its traditional emphasis on “left-brain”, verbal, and cognitive processes to its current interest on “right-brain” emotional and relational processes and the importance of embodied and somatic states.

This 2-day intensive workshop will begin with an exploration of advances in the developmental neurobiology of attachment and the right brain.

Dr. Schore will then describe the negative impact of relational trauma on the developmental trajectory of the right brain and his model of the origins of pathological dissociation. He will outline the intergenerational transmission of a predisposition to attachment trauma-related psychopathologies of self-regulation, including post-traumatic stress disorder and borderline personality disorder in both children and adults. He will also describe his work in behavioral biology and elephant trauma.

On the second day, regulation theory will be directly applied to cutting edge models of psychotherapy of severe self-pathologies. He will discuss the essential role of implicit bodily-based nonverbal affective communications within the intersubjective field of the therapeutic alliance, the neurobiology of transference-countertransference, dissociation and projective identification, the critical role of interactive regulation in treatment, and neuroimaging studies of structural changes associated with psychotherapy. He will discuss the relevance of recent advances in developmental affective neuroscience to clinically relevant and experimentally testable models of the essential qualities of the expert clinician.

EDUCATIONAL GOALS

- Current data on attachment, emotional communication, and the development of the right brain
- Impact of abuse and neglect on right brain coping functions and the origin of pathological dissociation
- Psychoneurobiological models of therapeutic empathy and projective identification
- Role of the body in transference/ counter-transference communication
- Right hemisphere-to-right hemisphere communications within the therapeutic alliance
- Early relational trauma and the development of severe personality disorder



SEMINAR AGENDA

9.0	Registration and coffee
10.0	First session
11.30	Coffee
11.50	Second session
13.0	Lunch
14.0	Third session
15.30	Tea
15.50	Fourth session
17.0	End

CURRICULUM

Friday, September 28 2007

- Recent advances in attachment theory: emphasis on non-verbal communication, affect regulation, and brain development
- Early development of the right brain implicit self
- Attachment trauma and pathological dissociation, the bottom-line survival defense
- Infantile relational trauma and the aetiology of severe personality disorders

Saturday, September 29 2007

- Why the right brain hemisphere is dominant in clinical work
- Beneath the words: implicit nonverbal right brain attachment communications within therapeutic alliance
- Working with bodily-based transference and counter-transference communications, projective identification, and dissociation
- Interactive affect regulation as a basic mechanism of the therapeutic process
- Neurobiological model of empathy and clinical intuition, the art of psychotherapy
- Changes in brain/mind/body in effective psychotherapeutic treatment

BOOKING FORM

Name _____

Address _____

Postcode _____

Telephone Number _____

Email _____

Occupation _____

I am self funded

I am organisationally funded

I am booking for:

Friday 28 September only

Saturday 29 September only

Both days

Dietary restrictions _____

Using a credit card or cheque, please pay in £GDP as follows:-

Fees in £ GDP:

Self funded 1 day: £125 + VAT **£153**

Self funded 2 days: £200 + VAT **£244**

Organisationally funded 1 day: £200 + VAT **£244**

Organisationally funded 2 days: £400 + VAT **£488**

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INFORMATION

Venue: Helsinki Hall, Finlandia Hall,
Mannerheimintie,
Helsinki, Finland

**Venue info
and maps:** www.finlandiatalo.fi

Dates: Friday 28 and Saturday 29
September 2007

Times: Registration begins: 9.0
Start of seminar: 10.0
End of seminar: 17.0

Refreshments: Teas, coffees and lunch
are included in your fee

Fees (inc lunch):

Self-funded

1 day: £125 (180 Euros)

2 days: £200 (295 Euros)

Organisationally funded

1 day: £200 (295 Euros)

2 days: £400 (590 Euros)

VAT: 22% (Finnish VAT rate) is added to fees

Booking conditions: We will give a 50% refund if you
cancel your place before 15th August 2007. After then, we
regret that no refunds can be given in any circumstances.

Who Should Attend: Psychologists, Psychotherapists,
Psychoanalysts, Traumatologists, Social Workers,
Counsellors, Psychiatrists.

Public transport: Maps, directions and public transport
routes can be found on www.finlandiatalo.fi

Hotels: www.helsinki-hotels.net

**Certificates of Attendance will be given on
completion of the seminar**

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