

CONFER in association with
The Society of Couple Psychoanalytic Psychotherapists

Taking our Time

How long does it take for psychotherapeutic change to occur?

Conference SATURDAY 24 JANUARY 2009

Why do we need a discussion about the role of time in psychotherapy? Is it because the psyche works slowly when creating fresh narratives and new patterns of experience? Or is it because psychotherapy is contingent upon a depth of relationship that in itself require countless interactions and repeated, subtle interventions that take place over time and result in emergence of new psychological structures? At this conference we shall ask: what happens at a brain/neuronal level that underpins therapeutic change? Is change an emergent property, or can it be sudden and transformational? What has the most lasting effect? How has the taking of time been important in specific clinical cases? Is time a crucial aspect of process?

With: Dr Christopher Clulow, Dr Daniel Glaser, Dr Mary Target, Carl Honore, Francis Grier, Dr David Hewison



Venue: The Tavistock Centre, 120 Belsize Lane, London NW3 5BA

Chairs: Dr Christopher Clulow and Jane Ryan

Conference blog: <http://blogs.confer.uk.com/0901time/>

Programme: (full abstract and biographies can be read at www.confer.uk.com)

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Organisationally-funded £200

Members of SCPP £120

Full conference programme, abstracts, biographies, online booking at

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